

Social worker Randine Mariona authors addiction prevention book for parents

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Randine Mariona, Kamloops social worker, has just published a book focused on supporting modern day parents and optimizing children's development. As a mother, trauma-informed practice educator, psychiatric social worker and clinical counsellor, Randine believes supporting parents and children early on is where addiction prevention starts.

Connected: Before Birth and Beyond is part memoir, clinical and research based. Randine looks forward to talking with other Interior Health sectors to incorporate aspects of her book into practice supporting children and their families. She believes caring for parents is caring for children. Working for over 20 years in mental health and substance use areas, Randine is passionate about making a difference early in children's lives.

For more information, [reach out to Randine directly](#) or visit www.randinemariona.com.

